Living in China

4.1 National Holidays

Holidays	Date	
New Year	1st January: 3 days	Statutory holidays (Often based on the Chinese Calendar)
Chinese New Year	Early February	
Tomb Sweeping Festival	April 5th: 3 days	
Labour Day Festival	May 1st: 3 days	
Dragon Boat Festival	Mid-June (TBD): 1 day	
Mid-Autumn Festival	Mid-September (TBD) : 1 day	
National Day	October 1st- 7th	

The Public Holiday system is a little complicated. If a Public Holiday day falls on a mid-week day a long weekend is created. The catch is that there are no extra "Holidays", the extra day is moved from a weekend day, and people work on the weekend to make it up.

For example, Tuesday 1st May, 2018 was the Labor Day Festival. Saturday 28th April was worked instead of the Monday 30th April (ie. Sat 28th had a Monday timetable. It was a full working day). The three day consecutive weekend was created...Sunday, Monday and Tuesday.

September can be very confusing as there could be a couple of these days being worked to cover both the Mid-Autumn Festival and the National Day Holidays.

Note: Christmas Day is a full work day.

4.2 Living Expense Standard

Cost of living Index in Shanghai (May 2018)

Food

Combo meal in fast food restaurant (Big Mac Meal or similar)	CNY 40
1 kg (2 lb.) of apples	CNY 20

Housing

Monthly rent for a 45 m^2 (480 Sqft) furnished studio in NORMAL area	CNY 4000
Internet 8 Mbps (1 month)	CNY 150
Hourly rate for cleaning help	CNY 35

Clothes

1 pair of jeans (Levis 501 or similar)	CNY 600
1 pair of sport shoes (Nike, Adidas, or equivalent brands)	CNY 750

Transportation

Monthly ticket public transport	CNY 300
Taxi trip on a business day, basic tariff, 8 km. (5 miles)	CNY 30

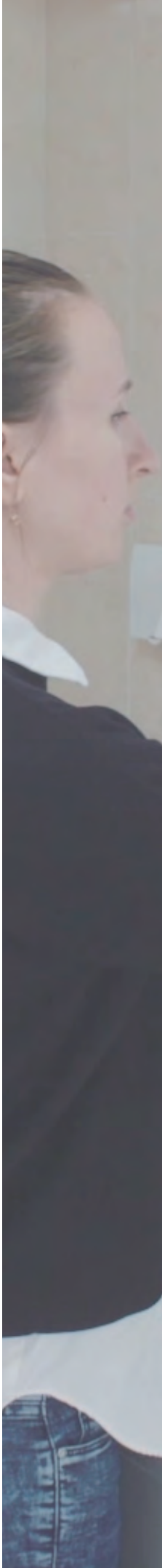
Personal Care

Standard men's haircut in expat area of the city	CNY 128

Entertainment

Basic dinner out for two in neighborhood pub	CNY 300
2 tickets to the movies	CNY 150

* These prices are based on abundant and consistent data.
  Notice: 3 meals in the university canteen cost about RMB 35 per day.



Private Rental Accommodation

- Baoshan Campus:

Jufengyuan Road	2 Bedroom	3600 - 4400	RMB per month
Shangda Road	2 Bedroom	1900 - 2500	RMB per month
Jinqiu Road	2 Bedroom	3300 - 4500	RMB per month

- Yanchang Campus

Daning Road	2 Bedroom	6000 RMB per month
Yanchang Road	2 Bedroom	6300 RMB per month
Close to Circus World Station	2 Bedroom	8000 – 9500 RMB per month

These prices are included here only as a guide. Current at May 2018.

Note: Real Estate Agents act as a guide to connect a prospective landlord and tenant. Once a contract has been signed (and they have their commission) their job is finished. The contract conditions etc. are negotiated directly with the landlord.

A common contract would include 1 month deposit, 1 month agent fee (might be split with landlord) and 3 or 6 months' rent in advance.

Properties are fully furnished, and usually come with a rock-hard Chinese style mattress. Negotiate with the landlord to have this replaced (usually at your expense).

All utilities (electricity, water, and gas), TV and Internet costs are paid by the tenant. These can easily be paid by Alipay or Wechat.

4.3 Air and Water Quality

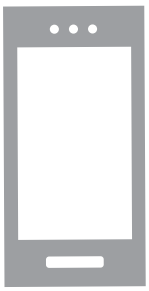
It is recommended not to drink the tap water. Water needs to be boiled or filtered.

A top priority of the Shanghai Government is to improve the Air quality in the city and their efforts are succeeding. Each year the Air quality is improving. The introduction of Electric buses, funding electric car recharging stations, prohibiting fireworks within the outer ring of the city, watering down construction sites etc are making a difference.

Unfortunately there are still days that are not so good. On those days try to limit your time spent outdoors. When inside, air conditioners can filter dust particles (which is the greatest proportion of the pollution) from the air. It is important to regularly clean the filter. A good quality Air purify will extract toxic gases (CO, SO2, NO2) from the air. (Please note: Most air purifiers cannot extract the toxic gases and so are not much better than an air conditioner).

4.4 Communication

4.4.1 Mobile Phone



A smart phone is essential as it allows access to a myriad of Apps that are used in everyday life in China, for example: Alipay, Wechat, Baidu translate etc.

A dual-SIM phone (or a second phone) makes a foreigners life a lot easier, as they can still access their non-Chinese phone account without the need to keep swapping the SIM cards.

Most phones that are purchased overseas will work in China. However, phones purchased in China do not come with Google preloaded and the protocol cannot be downloaded post purchase. An android phone purchased in China cannot access Google play to download apps and cannot access many Google programs. 3G and 4G services are provided.

4.4.2 SIM Card

China Mobile, China Unicom and China Telecom are the three biggest mobile communication companies in China, all with stores close to campus.

SIM cards can be purchased on registration day or directly from a telecommunication store. Passport is required for purchase.

An example of a contract with China Unicom (2018)
Initial Deposit *200 RMB*
(Deposit is refunded over the year as monthly rebates, any balance of deposit is not refunded if you terminate early)
Monthly Account *56 – 700 RMB*
Extra Deposit to enable to call overseas *500 RMB*
(China Unicom has a special international access code for discounted international calls once your account has been enabled to make overseas calls)

A phone account can be paid by Alipay / Wechat, or directly in a store using a self-service machine.

4.4.3 Wechat

Wechat is a popular free phone app (English version is available) that is used by most people in China for communication and electronic payments. It can be used to contact anyone who also has an account by call, video, photos or messaging. It is the easiest and cheapest method for friends and family back home to make contact. Ask them to create an account and they can keep in touch.

Wechat can be linked to a Chinese bank account and then it can be used to electronically pay for everything within China.

Wechat (overseas version) does not have the "wallet" function to enable electronic payments. If foreigners already have an overseas version app, uninstall it, and then install the Chinese version (English language) to be able to access the "wallet" functions.

Wechat can also translate messages from any language into the primary language that has been set.

WeChat

4.4.4 Skype

Skype (Chinese version) is available for free download.

4.5 Finance

4.5.1 Cash

Paper notes:
100 RMB, 50 RMB, 20 RMB,
10 RMB, 5 RMB and 1 RMB



Coins:
1 RMB, 0.5 RMB (5 mao) and 0.1 RMB (1 mao)



4.5.2 Bank & Card

4.5.2.1 Bank Debit Card

An account issued by China Construction Bank (CCB) is required for SHU Salary deposits. Contract, passport and SHU campus card are required to open an account at one of the following branches:

China Construction Bank locations:
- 717 Jinqiu Road锦秋路717号

Opposite North Gate Baoshan Campus
Ph: 66161998

- 703 North Huanzhen Road

大场镇环镇北路703号
Ph: 56503088

Some banks will charge around 20 RMB for the cost of a bank card.
Internet banking and electronic payments are available but must be enabled by the bank prior to use.
Not all banks are able to open accounts for foreigners and some banks will only open accounts for certain visa categories. For example, Agricultural Bank of China and the Bank of China limit accounts to Residence Permit holders.

4.5.2.2 Bank Credit Card

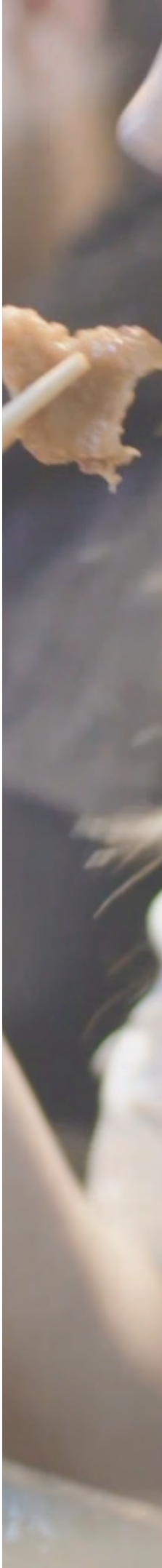
Most banks are unable to issue a credit card to a foreigner; likewise, SHU is unable to issue a work /business credit card.

Bank of China may issue a personal credit card (passport, work contract, foreign experts card etc. are required).

4.5.2.3 Electronic money

Alipay or **Wechat** (Both apps have an English version) are used to pay for everything electronically, even 1 RMB at the corner store for a small bun, or hire a yellow Ofo bike, and there are no fees for payment. The apps are free to download on the phone. The application requires 2 photos (one of the passport, a second of the passport next to face), telephone number, bank account number and the exact name that the bank account was opened with (refer to the receipt given after opening the bank account- noting capitals, spaces and the order of names).

Wechat Chinese version (English language) needs to be downloaded in China to enable access to the "wallet" financial version of the program.



4.5.2.4 Transfer Money overseas

The International Construction Bank of China (ICBC) or Bank of China can transfer any amount (less than the salary on the work contract) overseas from a personal account to a personal account in the same name. Documents required are a personal account in that bank, passport, work permit certificate, work contract, tax receipt, swift code and bank account number and exact name of the account that the money is to be transferred to.

It is also possible to transfer to other people if they can provide a relationship document, or, to a business abroad if you can support the related contract (contact the bank to enquire as to the requirements of these specific documents as the legislation constantly changes).

Bank of China locations:

- West Gate, Baoshan Campus, 205 Jufengyuan Road 聚丰园路205号
- Opposite North Gate Yanchang Campus, Guangzhong Road 广中路

中国银行 BANK OF CHINA

ICBC locations:

- 90 Weidi Road 纬地路90号 (10 Minutes' walk from eastern gate of Baoshan Campus)
- Dachang Town, 101 Luochang Road 洛场路101号
- Opposite North Gate Yanchang Campus, Corner Gonghexin road and Guangzhong Road (740 Gonghexin Road) 共和新路740号
- 320 Yanchang Road 延长中路320号

Without a work permit certificate and tax receipts, transfers are limited to $500 a day.

ICBC

4.5.3 Income Tax

Income Tax is automatically deducted from the salary each month and if the annual salary is above 120,000 RMB a declaration covering any other income is to be submitted each year before the end of March. No other return is required.

The income tax threshold for SHU faculty is set at 4,800 RMB, thereafter, the tax rate is set at 3%-45% of the salary.

series	Taxable income for the whole month (tax inclusive)	Taxable income for the whole month (excluding tax class distance)	tax rate (%)	Quick deduction
1	Not more than 1,500 yuan	Not more than 1455 yuan	3	0
2	More than $1,500 to $4,500	More than 1455 to 4155 yuan	10	105
3	More than 4,500 to 9,000 yuan	More than 4155 to 7755 yuan	20	555
4	More than $9,000 to $35,000	More than 7755 yuan to 27255 yuan	25	1,005
5	More than $35,000 to $55,000	More than 27,255 yuan to 41,255 yuan	30	2,755
6	More than $55,000 to $80,000	More than 41255 to 57505 yuan	35	5,505
7	More than 80,000 yuan	More than 57,505 yuan	45	13,505

Income Tax Receipts

1. Income Tax Receipts are available online: www.gr.tax.sh.gov.cn/portals/web/login
The site is not in English and is quite complicated to create an account for a foreigner (Help is needed!). Contact HR for the details required to set up the account, in particular, the exact format of the name that they have used (noting Capital letters, spaces and name order) and the password. The account then requires identity verification either by using a "bound" Alipay account, or, by entering a 16-digit number that has been issued in person at the Shanghai Tax Agency after they have seen the passport.

2. Income Tax receipts can also be collected from the Shanghai State Tax Agency, located at:
198 Zhongshan North Road
中山北路198号
闸北区国家税务分局
Ph 021- 56323818

中国税务

4.6 Transportation

Shanghai Transportation card

The Shanghai Transportation card can be purchased at the Service Desk inside Metro stations. The card can be used for Metro, Buses, Maglev and Taxi's.
Card Deposit 20 RMB.
Money can be deposited on the card at any Metro Service desk, or by using a self-service machine at Metro Stations.
Any problems with the card refer to specific stations that provide "refund and value transfer services". For more details, please check the official website of the public transportation card, or call the hotline +86-21-12319. http://service.shmetro.com/en/



4.6.1 Metro

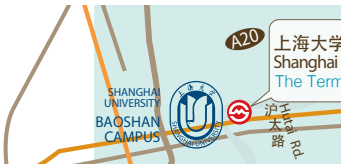
The metro system is very easy to use. Signs and messages are in both Chinese and English. Metros arrive every few minutes.

Metro Station

A Single Journey ticket can be purchased at the self-service machines, however, the Shanghai Transportation Card is much more convenient to use. The balance remaining on the card will be displayed when the card is scanned.

When standing on the platform, there are signs above the Metro doors listing all the stations on the line. The stations that the Metro is going to are in bold writing, whereas those that is has already stopped at are in grey. This helps to board the Metro in the correct direction.
The Metro has already stopped at the grey-colored stops

Announcements are made in both Chinese and English, including the name of the next stop.
Most Stations have public toilets.



Metro Phone Apps:

1. Metro interactive map
Download via Explore Shanghai website (English version map), or, Metro website.
The maps are very good. They help to find the most direct route through the web of the Metro system.
2. Shanghai Transport Card can be accessed on the phone.
Use a bar code on the phone to scan at the turnstiles. Download this App using codes at the Metro station.

Shanghai University has several Metro stations close to the campuses.

- Yanchang Campus is on line 1 (red line): Yanchang Road (5 minute walk to South Gate) and Shanghai Circus World Station (5 minute walk to North Gate)
- Baoshan Campus is on line 7 (orange line): The university has two stations at its gates, Shanghai University Station (North gate) and Nanchen Road Station (East Gate).
- Jiading Campus is close to line 11 (dark red line): North Jiading Station (and then a 30 min walk).

Taking Metro to the airports:

- Pudong International Airport 浦东国际机场
  Line 2 (light green line) east end (Or, Maglev (350km/h) from Airport to Longyang Road Station line 7 (orange line)
- Hongqiao International Airport 虹桥国际机场
  Line 2 (light green line) west end.

Taking Metro to the long distance train stations:

- Shanghai Station 上海火车站
  Line 1 (red line) ; Line 3 (yellow line); Line 4 (dark purple line)
- South Shanghai Station 上海南站
  Line 1 (red line) ; Line 3 (yellow line)
- East Shanghai Station 上海西站
  Line 11 (dark brown line)
- Shanghai Hongqiao Station 虹桥火车站
  Line 2 (light green line) ; Line 10 (light purple line)



Shanghai Metro Map (Click to Enlarge)



4.6.2 Taxi



There are a huge number of Taxis in Shanghai, however the drivers cannot speak English. They can be hailed on the street. (Vacant Taxis have a green light displayed on the roof of the car.) Show the driver the destination written down in Chinese characters.

Another popular method is to use the phone app "Didi" to book a taxi. There is an English version of the app that is easy to use. Text messages between foreigners and the driver are automatically translated between English and Chinese.

Payment options: Cash, Shanghai Transportation Card, Alipay or Wechat.

Warning: not all drivers accept all these forms of payments. Most people pay by Alipay or Wechat, but the driver is charged a surcharge for this service, so some drivers refuse to sign up. On the other hand, other drivers do not carry much cash as they expect electronic payment and so they can't give the change.

Always ask for a receipt "Fa piao"(发票) after travel. This can be used for reimbursement (if your contract allows for this), or, just in case you need to contact that driver again (ie left your phone behind).

Approximate prices:

Pudong International Airport to Baoshan campus	approx 300 RMB	1 hour
Hongqiao Airport to Baoshan campus	approx 100 RMB	40 minutes
Pudong International Airport to Yanchang campus	approx. 220 RMB	50 minutes
Hongqiao Airport to Yanchang campus	approx 100 RMB	40 minutes
Baoshan campus to Yanchang campus	approx 50 RMB	25 minutes
Baoshan campus to Jiading campus	approx 80 RMB	33 minutes
Yanchang campus to Jiading campus	approx 100 RMB	40 minutes

A few destinations in Chinese:

Baoshan Campus south gate	宝山区上大路99号上海大学
Yanchang Campus south gate	静安区延长路149号上海大学
Jiading Campus	嘉定区城中路20号上海大学
Pudong International Airport Terminal 1	浦东国际机场1号航站楼
Pudong International Airport Terminal 2	浦东国际机场2号航站楼
Hongqiao International Airport Terminal 1	虹桥国际机场1号航站楼
Hongqiao International Airport Terminal 2	虹桥国际机场2号航站楼

4.6.3 City Bus

Buses are very easy to use but are a bit intimidating. Deposit 2 RMB in the box (no change is given) or scan the Shanghai Transportation Card when boarding, and then sit down. Inside the bus, a sign displays the name of the next stop in Chinese and English.
Bus Stop names are often two road names. The first road is the one the bus is travelling on and the second is the closest cross street.

That was the easy part.
Each route has a different number, and the frequency on that route could be every couple of minutes or in the case of the 767 (between Baoshan and Yanchang Campuses) every 20 minutes.
Each bus stop has a sign displaying which buses stop there and the complete list of all stops that the bus makes….all in Chinese. The sign includes the stops that the bus has already made (these are printed in grey).

• 767: Baoshan Campus to Yanchang Campus

Board the bus at Nanchen Road / Sihao qiao (East gate of Baoshan Campus) and get off at the Guangzhonglu Pingxingguan Road Station (at North gate Yanchang campus).Approximately 50 Minutes, 15 stops. The return trip follows the same route, however, the bus stop is across the road from the Yanchang North Gate and then a block towards the east.

• 885: Baoshan Campus to Jiading Campus

Board at Jinqiu garden Ruikang Road Station (Walk across the road from North Gate and the bus stop is 250 metres to the left. It takes approximately 1.5 hours to the end of the 885 line. Get off the bus at the South gate bus Station and take another 10 minute walk to the campus.

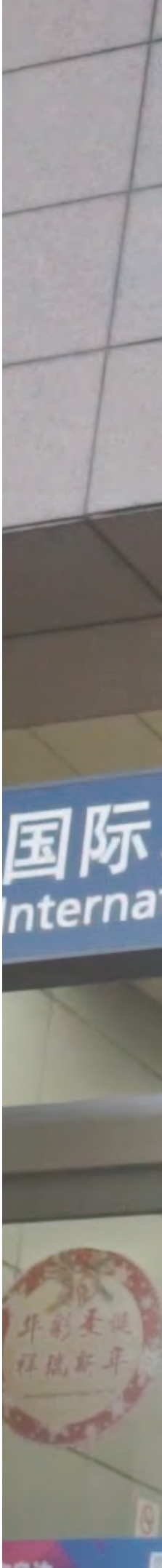
4.6.4 Long Distance Train

Shanghai has four long distance train stations that travel to all parts of China, and they can all be easily accessed using the Metro network.

Shanghai Station上海火车站	303 Moling Road, Jingan District 静安区秣陵路303号
South Shanghai Station上海南站	9001 Humin Road, Xuhui District 徐汇区沪闵路9001号
West Shanghai Station上海西站	22 Taopu Road, Putuo District 普陀区桃浦路22号
Shanghai Hongqiao Station虹桥火车站	1500 Shengui Road, Minhang District闵行区申贵路1500号

There are fast trains (G), slow trains (D) and overnight trains (T). Each train has different categories of seats. (2nd class on a fast train is more comfortable than an economy airplane seat).

Tickets can easily be purchased from www.english.ctrip.com or the CTRIP app and then must be picked up from a Railway Station (passport as Identification), just prior to boarding is quite fine (allow at least 60 minutes). Foreigners cannot pick up tickets purchased online from a Railway ticket shop or from the automatic machines at the station.



Tickets can only be purchased within 30 days of travel.

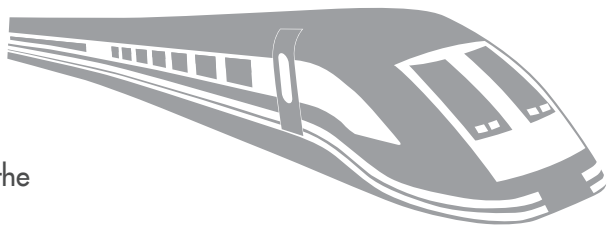
Warning: Train door closes 5 minutes prior to departure, do not be late.

Shanghai to Beijing, by high-speed rail train	4.5~6 hours	553 RMB (2nd Class)
Shanghai to Hang Zhou, by high-speed rail train	1 hour	73 RMB (2nd Class)
Shanghai to Nan Jing, by high-speed rail train	1~2 hours	135 RMB (2nd Class)
Shanghai to Wu Xi, by high-speed rail train	0.5~ 1 hour	60 RMB (2nd Class)
Shanghai to Su Zhou, by high-speed rail train	0.5~1 hours	40 RMB (2nd Class)

4.6.5 Maglev

The Maglev (up to 350km/h) runs between Pudong International Airport and Longyang Road Metro station, line 7 (orange line)

One way ticket 50 RMB
One way ticket 40 RMB
(using Shanghai Transportation Card)



A Maglev is currently being built to connect the two International Airports.

4.6.6 Bicycle

In Shanghai, there are several bike sharing services providers. Two famous providers are ofo (yellow bikes) and Mobike (orange bikes).

Ofo bikes can be hired using the Alipay App (Home screen, then select "more", and the select "Sharebike"). The bar code on the bike can be scanned and you will receive a message with the code to unlock the bike.

Mobike has a similar relationship with Wechat App.
Even although the Alipay and Wechat accounts are in English, they direct foreigners to a Chinese site to access the bikes. A better solution is to download the Mobike and Ofo Apps, as both of these are in English. After download, register for an account (by providing a photo of the passport) and leaving a deposit. The App's have many functions, including a map to show real time location of the closest bikes.

Mobike will automatically unlock the bike, whereas ofo will send an unlock code. When finished riding, remember to lock the bike manually. The APP will charge via online payment after the travel.





4.6.7 Electric Scooter

Electric scooters should be registered.

4.7 Health

4.7.1 Emergency Numbers

Shanghai Call Centre **962288** **Available 24 hours a day, 7 days a week** (They can help as an interpreter over the phone)	Emergency Service	
	a) Fire	119
	b) Police	110
	c) Ambulance	120

4.7.2 Medical Services

4.7.2.1 On-campus School Hospitals

The hospitals are small and not very comprehensive.
Baoshan SHU campus hospital is at the North Gate entrance.
Yanchang SHU campus hospital is next to the language teaching building, behind Shanghai Vancover Film Institute.

	Day	Morning	Afternoon
Clinical Reception	Monday to Thursday	8:00-11:30	13:00-16:30
	Friday	8:00-11:30	13:00-15:00
	Emergency	24 hours	



4.7.2.2 Local Chinese Hospitals (No English)

Local Chinese Hospitals have emergency services (急诊), general outpatient services (普通门诊) and specialist doctors (专家医生). Most staff do not speak English. The hospitals service a huge population and as a result there can be lengthy queues.

Upon arrival at a hospital, all patients need to register as a patient and then will be directed to the relevant department. Patients will need to pay before they receive each service, for example, prior to Doctor, prior to blood test etc.
There are many hospitals scattered over Shanghai. The two closest large hospitals are:

Shanghai 10th People Hospital

301 Yanchang Middle Road Yanchang Road Metro StationMetro line 1 (Red line)

市第十人民医院，延长路301

http://www.shdsyy.com.cn



Shanghai Tongji Hospital

389 Xincun Road (Corner Zhidan Road) Xincun Road Station, Metro line 7 (orange line) or bus 702 from Baoshan East gate (8 stops 53 min)

市同济医院，新村路389

http://www.tongjihospital.com.cn

Appointments for specialists can be made online, by phone or by email if the patient has a Chinese ID card. Foreigners are required use the old fashioned method, ie, go to the department to make an appointment.



4.7.2.3 International hospital and medical centers

The closest medical centers are owned by Parkway Health

- **Shanghai Medical Center and Dental Centers**

  203-204 West Retail Plaza,
  1376 Nanjing xi Road
  (Close to Jinan Temple Station,
  Metro line 7 (Orange line)
  南京西路1376号，
  上海商城西峰203-204室

- **Gleneagles Medical and Surgical Center**

  4F Tomorrow Square, 3
  89 Nanjing xi Road
  (Close to Peoples Square,
  Metro line 1 (Red line),
  Metro line 2 (Green Line))
  南京西路389号明天广场裙层4楼

- **Specialty and Inpatient Center (ie Hospital)**

  3F, 170 Danshui Road (Near Xintiandi, Huangpi Road Station, Metro line 1 (Red line), Exit 1,
  Or, Xintiandi Station, Metro line 10 (purple line), Metro line 13 (pink line))
  淡水路170号3楼（近新天地）

Please call the 24-Hour Helpline 400 819 6622 to make an appointment at any Parkway center.
http://www.parkwayhealth.cn/

4.7.3 Medical Insurance

Full-time SHU employees contribute monthly to a "Social Medical Insurance" fund. Each individual account holds funds that the employee can access to pay for Public Hospital services. Once the individual fund has been used, the remainder of the bill must be paid directly to the hospital by the employee. It is possible to have the money remaining in the fund refunded upon termination of the contract.

It is highly recommended that personal International Health Cover is purchased. There are not many options available in China for this type of cover. Listed below are a few options.

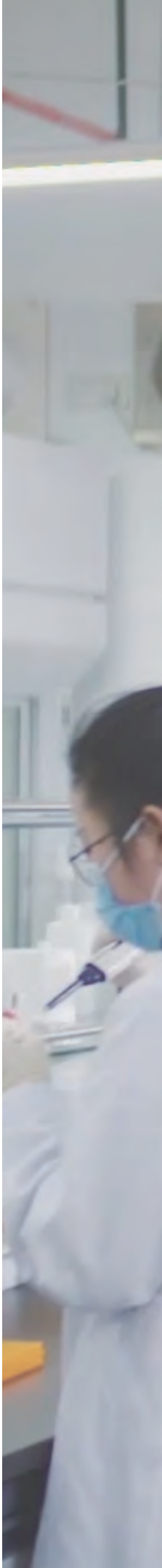
- **Shanghai Foreign Personnel Comprehensive Medical Insurance**

SHU Full time employees have the option to join this scheme at their own expense. There are different levels of cover ranging from full International coverage to only local hospital. Cover can also include spouse and dependent children.

- Plan A: local hospital cover (about 3,000 RMB)
- Plan B: local hospital cover(including the special outpatient service) (about 20,000 RMB)

- **International Travel Insurance**

Purchase via home country. This is relatively a cheap method to cover unexpected misadventures. Some companies allow online purchase after the journey has started.



- International Healthcare plans

"ChinaExpatHealth" provides a service to compare different insurance plans available in China.
For example, 40 year old (European) International Healthcare plans range from 13,000 – 32,000 RMB per year.
(This example has been provided as a very rough guide. Your situation will be different.) (Jan 2018)
Compare this cost to an initial consultation in an International Hospital Emergency Department 1000 – 2000 RMB.

www.ChinaExpatHealth.com

4.7.4 Annual SHU Employees Check

This service is provided for all Full-time Shanghai University Employees. It is a screening test performed at the University Hospital. The Doctors have no English, so bring a letter in Chinese with your relevant medical history.

4.8 Children's Education

4.8.1 Local Chinese Schools

The Ministry of Education (Shanghai Government) has granted approval to certain schools to allow them to enroll foreign students.
All local schools are taught using the Shanghai Syllabus and are in Chinese.

- Preschool and Kindergarten (age 3 – 6)

Some local Kindergartens are allowed to enroll foreigners. Enquire at the center for position availability and price
Chinese is not a pre-requisite
Cost Approximately 40,000 RMB per year

- Primary School (Grade 1 – 5)

Daning International Primary School
Located close to Yanchang Campus, they have a class dedicated to foreigner passport holders in each Grade. "Daning International" is actually a place name, it is a local school that happens to be able to also enroll foreign students. It is an enormous school, with close on 2000 students spread across 2 campuses, with 11 classes per grade. A special feature of the school is that they offer many specialty courses to their students, for example: robotics, calligraphy, clay modelling, rollerblading, Chinese chess, Chinese dance, hip-hop, computer lessons, Rubik's cube competition, just to name a few of them.

Daning International Primary School is an excellent school. Many SHU staff (foreign and local) have children attending it. All classes are held in Chinese, and there is some assistance for non-Chinese speakers. The foreign children quickly become fluent Chinese speakers.

The school community is very proud of their national and international achievements, for example, there are two Odyssey of the Minds (OM) competition teams. OM is a mathematics based competition that require the students to solve very complex problems using very simple materials. In May 2018, one of the teams won 1st prize at the World Cup Odyssey of the Minds (OM) Competition held in America. The second OM team only came 3rd in the National Championship, so they missed out on the International tournament. These are not the schools' first major prizes, in fact, they have walls filled with trophies won by students and teachers.

Fee 46,000 RMB per year for the foreign students
www.dngjxx.com

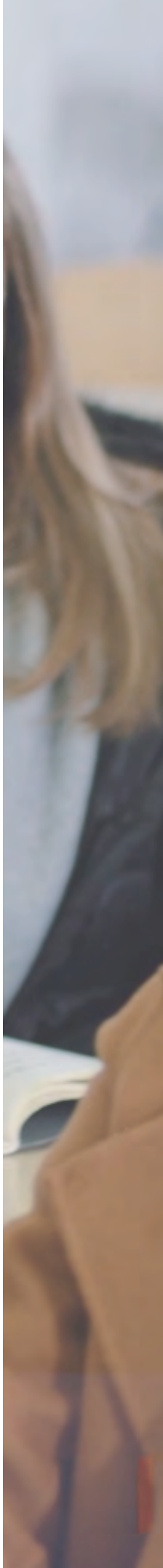
- Middle School (Grade 6 – 9)

Must speak and write fluent Chinese
Entrance exam
Able to withstand a rigorous study schedule



- Senior School (Grade 10 – 12)

Must speak and write fluent Chinese
Entrance exam
Able to withstand a rigorous study schedule



4.8.2 Fudan University International School

This school is a public school run by Fudan University. They teach in English using an American Syllabus. In senior school they study the International Baccalaureate (IB) program.
Only students with a foreign passport can enroll.
Fee: Approximately 90,000 RMB per year
Entrance Exam: May, November
Waiting list: Can be long, depending upon grade required.
www.fdis.net.cn

4.8.3 International Schools

These are very expensive and are quite a distance from SHU. For further information, please refer to the individual school' websites.

4.9 Shopping

4.9.1 Online shopping websites

International supermarket: English
Fields: www.fieldschina.com/en/
Payment: Online or Cash on delivery
Free delivery for orders over 200 RMB

Walmart 沃尔玛 (Baoshan) and RT-Mart 大润发 (Yanchang) have Apps to buy supermarket items and then organize them to be delivered directly to your home in about an hour. Both Apps are in Chinese, but once installed and set up, are quite easy to use.

There are many online shopping sites, but currently they are all in Chinese. It is very worthwhile learning how to use these sites as almost everything can be purchased. Foreigners can always ask someone to purchase something, for example:

Tao bao:
https://www.taobao.com
Jing dong:
www.jd.com
Amazon:
https://www.amazon.cn/



4.9.2 Supermarkets Close to Campus

1. Baoshan Campus:

- Walmart (Qilian branch)
  Location: 205 Jufengyuan Road, Outside Westgate, in the building above McDonalds and KFC.

Walmart
Save money. Live better.

- North Gate
  There are a couple of supermarkets across the road from the University.

- IKEA
  "Western" furniture and assorted items, for example, dinner plates, fitted sheets etc that cannot be found anywhere else. They can also organize delivery for an extra fee.
  1818 Hutai Road, Baoshan District 宝山区沪太路1818号

IKEA
宜家家居

2. Yanchang Campus:

- RT Mart: (Daning Branch)
  Location: Daning International Shopping Centre, Daning Road
  From South gate turn right and walk 2 minutes to the major road (Gonghe Xin Road). Cross the road and turn right. Walk one block and you will arrive at the shopping center. Walmart is located on the second floor of the building in the rear right hand corner of the center.

- Lian Hua
  Location: Opposite North Gate, under Zoo Café (Corner Guang Zhong Road, Ping Xing Guang Road). Enter the building on the left hand side of Zoo Cafe, walk through to the back and take the escalator down in to the store.

世纪联华
CenturyMart

4.10 Making Life Easier...How to live in Shanghai with no Chinese

4.10.1 Phone Apps

Highly recommended to be downloaded ASAP.

- Alipay
- Wechat
- VPN
- Two browsers: eg Chrome and Bing (Chrome does not work for all sites)
- Google Maps (struggles without VPN)
- Google Translate (works well without VPN, but with VPN can access extra services). Can translate photos, documents and text messages. Essential when shopping in supermarket.
- Baidu Translate (for the times when Google Translate does not work). Like Google translate but does not require VPN.
- Didi (Taxi)
- Metro Map (Explore Shanghai website)
- Air Quality
- Mobike
- Ofo
- Fields (online international supermarket)
- CTRIP (purchase flights and long-distance train tickets)







4.10.2 Automatic Computer Translation

A very convenient option is to use the automatic language translation on a computer. It is not perfect, but it does help. Often "English" webpages are minimal or very out of date.
Set the Chrome browser to English and then right clicking on a page allows the option to "translate to English". Unfortunately, the reverse service is not provided. People still need to enter information in Chinese characters.

Note: Not all Chinese sites can work using the Chrome Browser, e.g. the bank web pages. If problems arise, change to a different browser.

4.10.3 People

Chinese are very willing to help, but often wait until they are asked. They feel very privileged to be asked.

4.11 Other

4.11.1 Postal Service

- Shangda Post Office
  127 Jufengyuan Road, Baoshan District, Shanghai 聚丰园路127号
  (Outside west gate Baoshan Campus)

- China Post (Shang Jin Post Office)
  716 Jinqiu Road, Baoshan District, Shanghai 锦秋路716号
  (North gate Baoshan Campus)

4.11.2 Television

CCTV-NEWS, CGTN, ICS are English language Channels.

4.11.3 Cleaner

Ask colleagues if there is a person that they can recommend.

4.11.4 Public Bathrooms

Please carry toilet paper as most public bathrooms do not provide it.

